



**COACHES
ASSOCIATION**
of Saskatchewan

Annual Report 2022-23



Executive Director's Report

What an exciting year it's been for coaches in Saskatchewan!

Hundreds of the province's over 27,000 coaches provided their skills and knowledge to athletes at numerous provincial and national multi-sport events throughout the last fiscal year, including the Tony Cote First Nation Summer and Winter Games, the Saskatchewan Winter Games and the Canada Summer and Winter Games. In addition, many more coaches made an impact on athletes at all levels and types of sport.

The Coaches Association of Saskatchewan (CAS) supported apprentice coaches (Women in Coaching and Indigenous Coaches) to both Canada Games and assisted in organizing coaching super clinics for the Tony Cote First Nation Games through the Indigenous Coaches and Officials Program.

In January, deserving coaches were nominated for the Saskatchewan Sport Awards. CAS would like to congratulate the finalists and recipients in all categories, including recipients Mary Carroll (Coach of the Year), Doug Sylvester (Coach Dedication Award) and Tracey Hazen (Coach Dedication Award).

For the third year in a row, CAS has offered multiple online NCCP Competition-Introduction and Competition-Development workshops to continue educating coaches across Saskatchewan. This year, CAS has also trained several more learning facilitators for in-person and online workshop delivery to help increase the number of workshops that can be held in the future.

The 2022-23 year also marks the second year of the CAS 2022-2025 Strategic Plan with strategic objectives in our four success pillars: Education, Innovation, Teamwork and Inclusion. The progression of plan to this point can be seen later in this report.

We would also like to thank Sask Lotteries for the continued support of CAS, Saskatchewan coaches and the provincial sport system.

Nicholas Baker, MSc.

Executive Director, Coaches Association of Saskatchewan

MISSION

To strengthen the knowledge and skill development of all Saskatchewan coaches through superior service in programming.

VISION

To be a Canadian leader in coach development through collaboration, innovation and quality education opportunities.



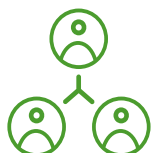
EDUCATION

We provide quality education and professional development opportunities to Saskatchewan coaches.



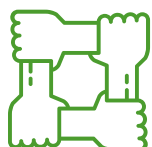
INNOVATION

We leverage research and technology to provide coaches throughout Saskatchewan with tools to enhance their coaching abilities.



TEAMWORK

We collaborate with provincial and national partners to support the growth of all Saskatchewan coaches.



INCLUSION

We value and engage all coaches, reflecting the strength and diversity of Saskatchewan.

Coaches Association of Saskatchewan INC.

Statement of Financial Position

March 31, 2023 with comparative figures for 2022

	2023	2022
Assets		
Current assets		
Cash	253,608	\$387,145
Investments (Note 3)	-	103,777
Accounts receivable	6,949	18,428
Goods and services tax rebate receivable	2,055	634
Prepaid expenses	868	897
Inventory	2,326	3,254
	265,806	514,135
Tangible capital assets (Note 4)	-	81
Investments (Note 3)	473,150	365,272
	738,956	\$879,488
Liabilities and Net Assets		
Current liabilities		
Accounts payable and accrued liabilities	9,421	\$13,868
Grant return payable (Note 5)	44,253	204,089
Deferred revenue (Note 6)	8,226	15,000
	61,900	232,957
Net assets		
Invested in tangible capital assets	-	81
Unrestricted surplus	677,056	646,450
	677,056	646,531
	738,956	\$879,488
Revenue		
Saskatchewan Lotteries Trust Fund - annual funding	233,265	\$230,562
Indigenous Coaches & Officials Program (Schedule 6)	143,001	100,795
	376,266	331,357
Self Help - Internal (Schedule 1)	30,164	71,201
Self Help - External (Schedule 2)	7,775	36,117
Total revenue	414,205	438,675
Expenses		
Administration (Schedule 3)	164,368	158,886
Capacity / Interaction (Schedule 4)	24,650	8,988
Indigenous Coaches and Officials Program (Schedule 6)	143,001	100,795
Programs and services (Schedule 5)	51,661	62,688
Total expenses	383,680	331,357
Excess of revenue over expenses	30,525	\$107,318

BOARD OF DIRECTORS

Brett Walchuk, Moose Jaw
Interim Chair
Member at Large

Andrea Wolf, Wapella
Treasurer
Women in Coaching Representative

Doug Hillis, Saskatoon
Multi-Sport Learning Facilitator Representative

Rob Tomin, Prince Albert
Physical Education Representative

Leonard Lewko, Saskatoon
Indigenous Representative

Joel Dyck, Saskatoon
Provincial Sport Organization Representative

Hazem Hussein, Saskatoon
Member at Large

Dave Taylor, Regina
University Representative

Brian Champion, Rosetown
Advanced Coaching Diploma Representative

STAFF

Nicholas Baker
Executive Director

Diane Wappel
Sport Assistant
(CAS Support)

Lisa Stewart
Sport Assistant
(NCCP Support)

Jaime Lammerding
Communications

Strategic Plan Tracking












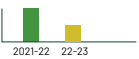


Success Pillar 1: Education

	What is Measured	Target	Year 1 2022-23		
Saskatchewan coaches from every district participate in NCCP coach training, with 1,500 coaches trained each year.	District representation	9	0		
	Total number of coaches attending	1500	745		
	Unique participants to modules	750			
CAS delivers 100 Competition-Introduction workshops, and 75 Competition-Development workshops annually, including two cohorts of the Saskatchewan Coaching Academy.	Comp-Intro workshops delivered	100	125		
	Comp-Dev workshops delivered	75	33		
	Sask Coach Academy cohorts	2	0		
CAS Master Coach Developers have trained, updated, and evaluated Learning Facilitators to deliver all NCCP modules, both in person and online.	% LFs trained for in-person and online	20	20		
	% LFs updated for in-person and online	20	1		
	% LFs evaluated for in-person and online	20	2		
NCCP content is delivered at University of Saskatchewan, University of Regina, Saskatchewan Polytechnic and at colleges in five districts.	Post-secondary institute delivery at UofR, UofS, and SaskPoly	3	3		
	Post-secondary institute delivery at colleges in districts	5	4		
Professional development workshops for coaches are delivered monthly, and CAS hosts well attended conferences bi-annually to support ongoing coach enhancement.	Professional Development workshops delivered	12	5		
	CAS Coaches Conference (bi-annual)	1	N/A		
Coaches across the province access \$25,000 in Coach Development grants to engage in individualized coach enhancement.	Grants awarded	\$25,000	\$10,313		

Strategic Plan Tracking



Success Pillar 2: Innovation

	What is Measured	Target	Year 1 2022-23		
Saskatchewan Coach Developers are effectively using technology to deliver NCCP content with high levels of interaction, and participant satisfaction, with over 90% positive responses in post-workshop surveys.	Participant satisfaction (Pulse)	90%	91%		
	Website content updates (yearly)	12	10		
	Website Users	12,000	12,626		
	Unique page views	30,000	34,159		
Our social channels are posting content multiple times per week that our coaching community interacts with, to an average yearly engagement rate of 3.5%.	Social Media Posts (annual count, all three channels)	750	380		
	Yearly engagement rate (across all three channels)	3.5%	3.13%		

Strategic Plan Tracking




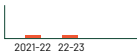








Success Pillar 3: Teamwork

	What is Measured	Target	Year 1 2022-23		
CAS staff, board members, or Master Coach Developers are part of 50% of Coaching Association of Canada NCCP content revision committees, contributing to the ongoing enhancement of Canadian coach education.	CAS representation on content review committees	50%	10%		
	Number of content revisions annually	8	11		
CAS staff or board members are selected to national committees for Indigenous coaching, Safe Sport, Women in Coaching initiatives, and other relevant initiatives.	CAS representation on national committees	3	1		
Saskatchewan coaches, sport clubs, PSOs, districts and tribal councils recognize the benefit of joining the CAS community, and our free subscription sees annual growth, reaching over 1,000 coaches each year.	CAS subscribers	1000	1069		
CAS attends all national PTCR meetings and events and shares information relevant to provincial sport partners in coach education through quarterly PSO Coach Lead meetings. PSO coach development needs are assessed annually, and programs and services are adapted to meet those needs.	PTCR meeting attendance	12	12		
	PSO coach led meetings organized	4	0		
Outstanding coaches at all levels are recognized and appreciated, with monthly website profiles, coach recognition for significant athlete and team performance, and National Coaches Week activities to say, "Thanks Coach!".	Coaches profiled on website annually	12	8		
	Coach Recognition certificates awarded	N/A	114		

Strategic Plan Tracking



Success Pillar 4: Inclusion

	What is Measured	Target	Year 1 2022-23		
Coaches from community level to high performance attend training in ethics, Respect in Sport Training for Activity Leaders, and Safe Sport. Over 85% of community coaches, and 100% of provincial and national level coaches have completed training.	Community Coach MED, RiS, Safe Sport	85%	N/A		
	Provincial/National Coach MED, RiS, Safe Sport	100%	N/A		
The interest in CAS membership and subscription continues to grow, with over 1,000 coaches joining the community through our subscription option.	CAS subscribers	1000	1069		
The Indigenous Coaches and Officials Program reaches 400 coaches annually in over 20 communities, developing strong community sport leaders who create positive sport experiences for participants all over Saskatchewan.	Coaches accessing ICOP	400	282		
	Communities represented	20	47		
Women coaches are supported throughout the development pathway, with 25 coaches participating in mentorship opportunities annually.	Sask women participating in Coach Mentorship	25	2	