



**COACHES
ASSOCIATION**
of Saskatchewan

2020 - 2021

ANNUAL REPORT

**EVERYONE DESERVES
A QUALIFIED COACH**

BOARD OF DIRECTORS REPORT

The Coaches Association of Saskatchewan's 2019-2020 fiscal year began with tremendous uncertainty. Our board and staff worked quickly to increase our capacity to deliver programs and services remotely through online delivery platforms. With coaches working from home and sports shut down in the spring of 2020, we had tremendous interest in NCCP training opportunities. Our team of Learning Facilitators pivoted from in-person to online learning seamlessly, allowing for a major increase in course delivery throughout the year. Coaches from all over the province, and across the country have attended NCCP training through CAS, leading to our biggest year of Competition Introduction and Competition Development delivery ever! As Saskatchewan continues to re-open, sport will see the benefit of more trained coaches delivering quality sport opportunities to athletes of all ages!

Dave Robertson, Executive Director

MISSION

To strengthen the knowledge and skill development of all Saskatchewan coaches through superior service in programming.

VISION

To be a Canadian leader in coach development through collaboration, innovation and quality education opportunities.

S U C C E S S P I L L A R S

EDUCATION

We provide quality education and professional development opportunities to Saskatchewan coaches

INNOVATION

We leverage research and technology to provide coaches throughout Saskatchewan with tools to enhance their coaching abilities

TEAMWORK

We collaborate with provincial and national partners to support the growth of all Saskatchewan coaches

INCLUSION

We value and engage all coaches, reflecting the strength and diversity of Saskatchewan

EDUCATION

HIGHLIGHT - NCCP DELIVERY

194 workshops delivered with 1686 coaches trained
933 female | 753 male

COMPETITION INTRODUCTION

Delivered 106 workshops with 934 coaches trained
547 female | 387 male

Type of Workshop	# of workshops	Female	Male	Total Participants
Make Ethical Decisions	43	243	167	410
Planning a Practice	21	104	65	169
Basic Mental Skills	16	73	59	132
Teaching and Learning	15	76	51	127
Design a Basic Sport Program	15	51	45	96

NCCP PROFESSIONAL DEVELOPMENT

5 workshops with 36 participants
18 female | 18 male

Type of Workshop	# of workshops	Female	Male	Total Participants
Empower +	4	14	12	26
Fundamental Movement Skills	1	4	6	10
Mentorship	0	0	0	0
Resistance Training	0	0	0	0

Coaching Development Grants

CAS supported **17 coaches in 6 sports with \$6574.79 in grants** to attend coach development events including the Saskatchewan Coaching Academy.

COMPETITION DEVELOPMENT

Delivered 83 workshops with 716 coaches trained
368 female | 348 male

The Sask Coaching Academy was offered online in 2020, with 9 coaches receiving the **CAS-CSCS Performance Sport Coaching Certificate**

Type of Workshop	# of workshops	Female	Male	Total Participants
Prevention and Recovery	16	67	57	124
Psychology of Performance	12	62	49	111
Leading Drug-free Sport	11	53	52	105
Developing Athletic Abilities	13	54	40	94
Managing Conflict	12	38	36	74
Coaching and Leading Effectively	12	42	52	94
Manage a Sport Program	4	19	25	44
Advanced Practice Planning	3	18	18	36
Performance Planning	3	15	19	34

NON-NCCP PROFESSIONAL DEVELOPMENT

7 events with 90 participants
35 female | 55 male

COACH DEVELOPER

4 workshops with 36 participants
17 female | 19 male

Type of Workshop	# of workshops	Female	Male	Total Participants
Coach Evaluator	1	8	4	12
Learning Facilitator	1	6	6	12
Multi-Sport LF Training	2	3	9	12
Master Coach Developer	0	0	0	0

INNOVATION

Highlights

Online Delivery

CAS pivoted to online delivery in early April and trained Learning Facilitators to deliver through Adobe Connect and Zoom.

PD / Maintenance of Certification

CAS entered into an agreement with Human Kinetics Canada to access online PD courses for coaches.

TEAMWORK

Highlights

CAS works with organizations to support sport and coaching development from the grassroots to high performance level:

Indigenous Sport Leadership Council (ISLC)

Continuing work with the Indigenous Sport Leadership Council with Sask Sport to ensure program and coach development for Indigenous communities in Saskatchewan with member on the board.

Provincial/Territorial Aboriginal Sport Body (P/TASB)

The ICOP Coordinator works closely with the Coaching Association of Canada and the P/TASB by participating in monthly calls representing Saskatchewan Indigenous coaches. This includes: communication with the Aboriginal Sport Circle, delivery of the Aboriginal Coaching Modules, the Canada Games Aboriginal Apprentice Coach Program, NCCP coach certification for North American Indigenous Games, and other national coaching-related topics.



Canadian Sport Centre Saskatchewan (CSCS)

- CAS teamed up with CSCS to host the following event for Saskatchewan High Performance coaches
 - Five Wellness Wednesday sessions for HP coaches during the early stages of COVID-19
 - Game Plan YXE session for coaches featuring Kurt Innes
- Piloted HP Women in Coaching Mentorship program with Emily Humbert (volleyball), Jennie Waldner (soccer) and Jennifer Robinson (swimming) becoming the first mentees in the program. The year-long program is aimed to help grow opportunities for women to improve as coaches and progress through the coaching ranks. Learn more saskcoach.ca.



Coaching Association of Canada (CAC)

- CAS partnered with CAC to deliver a regional Safe Sport Summit for 16 high performance coaches.
- Coaches Week was celebrated in Saskatchewan September 19-27 with a proclamation of the national week in the province by the Government of Saskatchewan. Free NCCP courses were hosted for Saskatchewan coaches to celebrate and show appreciation. Social media and website campaigns helped to promote the national initiative of saying "Thanks Coach"



Sport Manitoba

- CAS partnered with Sport Manitoba Coaching to host three sessions for Coach Developers to have conversations on inclusion, diversity and enhancing Safe Sport.

INCLUSION

Indigenous Coaches and Officials Program (ICOP)

Saskatchewan has a thriving community of Indigenous athletes who compete across the country and around the globe. These athletes are an inspiration to all young people to get involved in sport. At every level of participation, opportunities would not be possible without volunteer coaches and officials.

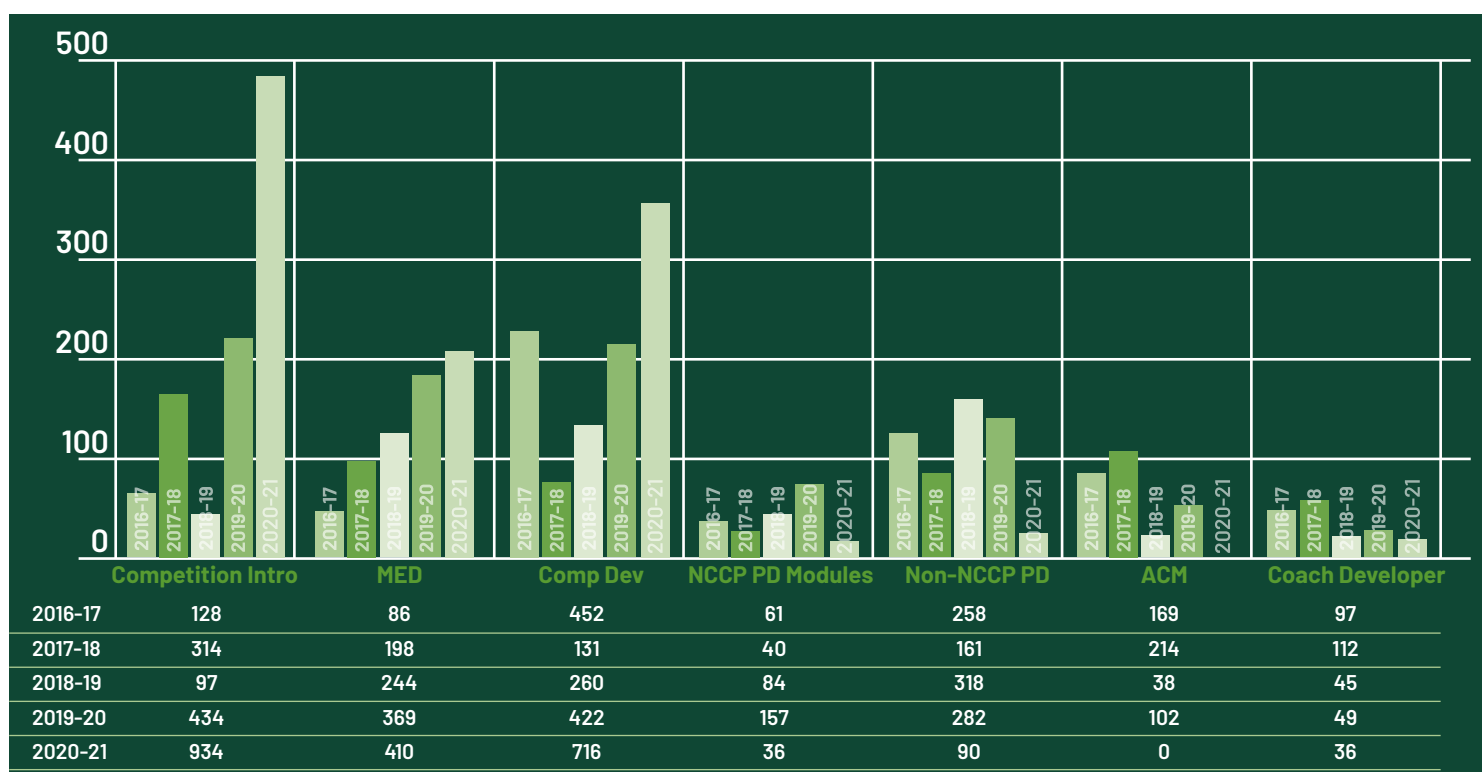
ICOP provides free training opportunities for self-identified coaches for NCCP multi-sport and sport-specific clinics and officials clinics. ICOP also delivers the NCCP Aboriginal Coaching Modules (ACM) to coaches across the province.

For the 2020-2021 Fiscal year, ICOP has supported the following workshops

Type of Workshop	# of workshops	Female	Male	Total Participants
Sport-Specific Coach	11	8	22	30
Sport-Specific Officials	13	105	23	128
Multi-Sport Coach Workshops	64	64	49	113
Aboriginal Coaching Module	0	0	0	0
Learning Facilitator Training	0	0	0	0

Six Indigenous coaches took NCCP modules through the Saskatchewan Coaching Academy offered by CAS. Two of the coaches were featured in stories on saskcoach.ca including new-boxing coach Abigail Pritchard and long-serving coach Lonnie Mercredi. Abigail recently started coaching at Hub City Boxing and has quickly become a role model and mentor for youth at the club, while Mercredi, who was a member of the Saskatchewan Mission Staff at the 2019 Wester Canada Summer Games, has been taking classes since the early 2000s. Read Lonnie and Abigail's story and Abigail's stories on saskcoach.ca.

TOTAL COACHES TRAINED FIVE-YEAR COMPARISON



HIGHLIGHTS

Saskatchewan Sport Awards

CAS selected four recipients for Coach Dedication awards in the 2020 Saskatchewan Sport Awards.

Lisa Thomaidis (basketball), Eric Kramer (swimming), Dale Perry (soccer) and Rob Sajtos (wheelchair basketball) were selected for their hard work and dedication to the amateur sport community in the province. The Saskatchewan Sport Awards were celebrated virtually due to COVID-19 restrictions on events.



Saskatchewan's Mavis Dzaka was named to the new joint initiative between the Coaching Association of Canada and the Black Canadian Coaches Association for a Black Female Coach Mentorship Program. Mavis was one of 17 mentees selected for the program and works with the University of Saskatchewan track and field team. Her story can be found at saskcoach.ca.

Saskatchewan coaches Madeline Humbert and Marit Neff were named the province's representatives for the Women in Coaching Canada Games Apprentice Coaches program. A story on the program, Madeline Humbert and Marit Neff can be found at saskcoach.ca.



Saskatchewan coaches Cory Gratton (volleyball) and Mandy Herman (wrestling) were named the province's representatives for the Coaching Association of Canada's Canada Games Aboriginal Apprenticeship Coaches Program. Read Cory Gratton's story on saskcoach.ca.

Coaches Association of Saskatchewan INC.

Statement of Financial Position

March 31, 2020 with comparative figures for 2019

	2021	2020
Assets		
Current Assets		
Cash	\$314,917	\$ 230,970
Investments (Note 3)	33,455	47,949
Accounts receivable	15,159	11,405
Good and services tax rebate receivable	535	2,464
Inventory	4,737	5,720
	368,803	298,508
Tangible capital assets (Note 4)	244	667
Investments	313,674	243,931
	682,721	\$ 543,106
Liabilities and Net Assets		
Current liabilities		
Accounts payable and accrued liabilities	\$16,157	\$ 61,360
Deferred Revenue (Note 5)	127,351	37,485
	143,508	98,845
Net asset		
Invested tangible capital assets	244	667
Unrestricted surplus	538,969	443,594
	539,213	444,261
	\$682,721	\$ 543,106
Revenue		
Saskatchewan Lotteries Trust Fund - annual funding	\$235,000	\$ 228, 200
Indigenous Coaches & Officials Program (Schedule 6)	87,992	159,451
	322,992	387,651
Self Help - Internal (Schedule 1)	75,874	43,653
Self Help - External (Schedule 2)	36,086	1,248
	434,952	432,552
Expenses		
Indigenous Coaches and Officials Program (Schedule 6)	87,992	159,451
Administration (Schedule 3)	156,577	156,878
Capacity / Interaction (Schedule 4)	26,387	40,327
Programs and Services (Schedule 5)	69,044	71,916
Total expenses	340,000	428,572
Excess of revenue over expenses	\$94,952	\$3,980

BOARD OF DIRECTORS

Doug Hillis, Saskatoon
Chair
Learning Facilitator Representative

Jason Johnston, Hanley
Aboriginal Representative

Rob Tomy, Prince Albert
Physical Education Representative

Brett Walchuk, Moose Jaw
Member at Large

Sue Schmidt, Regina
Vice Chair
Member at Large

Sean McKay, Saskatoon
University Representative

Andrea Wolf, Wapella
Advance Coach Diploma
Representative

David Burchill, Saskatoon
Treasurer
Member at Large

Joel Dyck, Saskatoon
PSGB Representative

Hazem Hussein, Saskatoon
Member at Large

STAFF

David Robertson
Executive Director

Garett Mathiason
Coaching and
Officials Development
Coordinator

Diane Wappel
Sport Assistant
(CAS Support)

Lisa Stewart
Sport Assistant
(NCCP Support)

Jaime Lammerding
Communications



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